# **Nutrition Facts**

PALGONG TEA CANADA INC.





### TIRAMISU MILK TEA

REGULAR (HOT/ICED)

Nutrition Facts	
Portion Size	78 g
Amount Per Portion	300
<u>Calories</u>	300
	% Daily Value *
Total Fat 14g	18 %
Saturated Fat 12g	60 %
Cholesterol 15mg **	5 %
Sodium 378mg	16 %
Total Carbohydrate 43g	16 %
Dietary Fiber 2.4g	9 %
Sugar 20g	
Protein 1g	2 %
Vitamin D 0.3mcg	2 %
Calcium 28mg	2 %
Iron 0.1mg	1 %
Potassium 166mg	4 %
* The % Daily Value (DV) tells you h	

- day is used for general nutrition advice
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (HOT/ICED)

Nutrition Facts	
Portion Size	138 g
Amount Per Portion Calories	583
	% Daily Value *
Total Fat 24g	31 %
Saturated Fat 21g	105 %
Cholesterol 15mg **	5 %
Sodium 556mg	24 %
Total Carbohydrate 90g	33 %
Dietary Fiber 7.5g	27 %
Sugar 41g	
Protein 2g	4 %
Vitamin D 0.3mcg	2 %
Calcium 43mg	3 %
Iron 0.3mg	2 %
Potassium 308mg	7 %
* The % Daily Value (DV) tells you how much a nutrient in	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### STRAWBERRY CHEESECAKE MILK TEA

REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	144 g
Amount Per Portion	443
Calories	443
	% Daily Value *
Total Fat 18g	23 %
Saturated Fat 16g	80 %
Cholesterol 15mg **	5 %
Sodium 522mg	23 %
Total Carbohydrate 69g	25 %
Dietary Fiber 3.3g	12 %
Sugar 35g	
Protein 1.2g	2 %
Vitamin D 0.3mcg **	2 %
Calcium 35mg	3 %
Iron 0.1mg	1 %
Potassium 280mg	6 %

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

Nutrition Facts	
Portion Size	194 g
Amount Per Portion	580
<u>Calories</u>	500
	% Daily Value *
Total Fat 22g	28 %
Saturated Fat 20g	100 %
Cholesterol 15mg **	5 %
Sodium 670mg	29 %
Total Carbohydrate 95g	35 %
Dietary Fiber 4.3g	15 %
Sugar 51g	
Protein 1.4g	3 %
Vitamin D 0.3mcg **	2 %
Calcium 43mg	3 %
Iron 0.1mg	1 %
Potassium 365mg	8 %

day is used for general nutrition advice.

### JAKEMAN'S MAPLE MILK TEA

#### REGULAR (HOT/ICED)

Nutrition Facts	
Portion Size	95 g
Amount Per Portion	400
Calories	400
	% Daily Value *
Total Fat 15g **	19 %
Saturated Fat 15g **	75 %
Sodium 79mg	3 %
Total Carbohydrate 74g	27 %
Sugar 42g **	
Protein g	N/A
Calcium 43mg **	3 %
Iron 0.8mg **	4 %
Potassium 600mg	13 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

this nutrient and 0 for those that don't.

\*\* Amount is based on ingredients that specify value for

### LARGE (HOT/ICED)

Nutrition Facts	
Portion Size	135 g
Amount Per Portion Calories	563
	% Daily Value *
Total Fat 20g **	26 %
Saturated Fat 20g **	100 %
Sodium 106mg	5 %
Total Carbohydrate 106g	39 %
Sugar 63g **	
Protein g	N/A
Calcium 65mg **	5 %
Iron 1.3mg **	7 %
Potassium 825mg	18 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

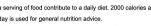
day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### HOJICHA MILK TEA

REGULAR (HOT/ICED)

Nutrition Facts	
Portion Size	56 g
Amount Per Portion	207
<u>Calories</u>	
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g **	50 %
Sodium 62mg	3 %
Total Carbohydrate 35g	13 %
Dietary Fiber 0g **	0 %
Sugar 15g **	
Protein 0g **	0 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 300mg **	6 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.	



<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.



### **OUR SIGNATURE**

### MINT CHOCOLATE MILK TEA

### REGULAR (HOT)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	280
Calories	200
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 5.8g	29 %
Cholesterol 30mg **	10 %
Sodium 165mg	7 %
Total Carbohydrate 37g	13 %
Dietary Fiber 0g **	0 %
Sugar 36g	
Protein 10g	20 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %

a serving of food contribute to a daily diet. 2000 calories a

\*\* Amount is based on ingredients that specify value for

this nutrient and 0 for those that don't.

LARGE (HOT)

Nutrition Facts	
Portion Size	395 g
Amount Per Portion	405
Calories	405
	% Daily Value *
Total Fat 15g	19 %
Saturated Fat 8.2g	41 %
Cholesterol 42mg **	14 %
Sodium 238mg	10 %
Total Carbohydrate 54g	20 %
Dietary Fiber 0g **	0 %
Sugar 53g	
Protein 14g	28 %
Vitamin D 3.9mcg **	20 %
Calcium 431mg **	33 %
Iron 0mg **	0 %
Potassium 525mg **	11 %
* The % Daily Value (DV) tells you how much a nutrient in	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

Nutrition Facts	
Portion Size	180 g
Amount Per Portion	220
<u>Calories</u>	
	% Daily Value *
Total Fat 7.4g	9 %
Saturated Fat 3.9g	20 %
Cholesterol 18mg **	6 %
Sodium 127mg	6 %
Total Carbohydrate 32g	12 %
Dietary Fiber 0g **	0 %
Sugar 31g	
Protein 6.9g	14 %
Vitamin D 1.7mcg **	8 %
Calcium 185mg **	14 %
Iron 0mg **	0 %
Potassium 225mg **	5 %
* The % Daily Value (DV) tells you h	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (ICED)

Nutrition Facts	
Portion Size	295 g
Amount Per Portion	345
<u>Calories</u>	343
	% Daily Value *
Total Fat 12g	15 %
Saturated Fat 6.3g	32 %
Cholesterol 30mg **	10 %
Sodium 200mg	9 %
Total Carbohydrate 49g	18 %
Dietary Fiber 0g **	0 %
Sugar 48g	
Protein 11g	22 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %
* The % Daily Value (DV) tells you i	now much a nutrient in

a serving of food contribute to a daily diet. 2000 calories a

### BLACK SESAME MILK TEA

#### REGULAR (HOT)

Nutrition Facts	
Portion Size	295 g
Amount Per Portion	285
Calories	200
	% Daily Value *
Total Fat 14g	18 %
Saturated Fat 5.5g	28 %
Cholesterol 30mg **	10 %
Sodium 149mg	6 %
Total Carbohydrate 31g	11 %
Dietary Fiber 0g **	0 %
Sugar 27g	
Protein 10g	20 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %
* The % Daily Value (DV) tells you	how much a nutrient in

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### LARGE (HOT)

Nutrition Facts	
Portion Size 41	
Amount Per Portion	390
Calories	390
	% Daily Value *
Total Fat 19g	24 %
Saturated Fat 7.7g	38 %
Cholesterol 42mg **	14 %
Sodium 205mg	9 %
Total Carbohydrate 43g	16 %
Dietary Fiber 0g **	0 %
Sugar 37g	
Protein 14g	28 %
Vitamin D 3.9mcg **	20 %
Calcium 431mg **	33 %
Iron 0mg **	0 %
Potassium 525mg **	11 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### REGULAR (ICED)

Nutrition Facts	
Portion Size	195 g
Amount Per Portion	225
<u>Calories</u>	ZZJ
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 3.6g	18 %
Cholesterol 18mg **	6 %
Sodium 111mg	5 %
Total Carbohydrate 27g	10 %
Dietary Fiber 0g **	0 %
Sugar 22g	
Protein 7.2g	14 %
Vitamin D 1.7mcg **	8 %
Calcium 185mg **	14 %
Iron 0mg **	0 %
Potassium 225mg **	5 %
* The % Daily Value (DV) tells you	how much a nutrient in

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### LARGE (ICED)

Nutrition Facts	
Portion Size	310 g
Amount Per Portion Calories	330
	% Daily Value *
Total Fat 16g	21 %
Saturated Fat 5.8g	29 %
Cholesterol 30mg **	10 %
Sodium 167mg	7 %
Total Carbohydrate 38g	14 %
Dietary Fiber 0g **	0 %
Sugar 32g	
Protein 11g	22 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### OUR SIGNATURE

### CARAMEL DALGONA MILK TEA

### REGULAR (HOT)

Nutrition Facts	
Portion Size	316 g
Amount Per Portion	115
Calories	443
	% Daily Value *
Total Fat 14g	18 %
Saturated Fat 8g	40 %
Cholesterol 30mg **	10 %
Sodium 283mg	12 %
Total Carbohydrate 70g	25 %
Dietary Fiber 0g **	0 %
Sugar 64g	
Protein 8.2g **	16 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %
* The % Daily Value (DV) tells you how much a nutrient in	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT)

Nutrition Facts Portion Size 441 g	
Amount Per Portion Calories	622
	% Daily Value *
Total Fat 20g	26 %
Saturated Fat 12g	60 %
Cholesterol 42mg **	14 %
Sodium 376mg	16 %
Total Carbohydrate 97g	35 %
Dietary Fiber 0g **	0 %
Sugar 87g	
Protein 11g **	22 %
Vitamin D 3.9mcg **	20 %
Calcium 431mg **	33 %
Iron 0mg **	0 %
Potassium 525mg **	11 %

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### : REGULAR (ICED)

Nutrition Facts	
Portion Size	216 g
Amount Per Portion	385
Calories	303
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 6.1g	30 %
Cholesterol 18mg **	6 %
Sodium 245mg	11 %
Total Carbohydrate 66g	24 %
Dietary Fiber 0g **	0 %
Sugar 59g	
Protein 4.9g **	10 %
Vitamin D 1.7mcg **	8 %
Calcium 185mg **	14 %
Iron 0mg **	0 %
Potassium 225mg **	5 %
* The % Daily Value (DV) tells you ho	w much a nutrient in

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

#### LARGE (ICED)

LARGE (ICED)	
Nutrition Facts	
Portion Size	341 g
Amount Per Portion	562
Calories	302
	% Daily Value *
Total Fat 17g	22 %
Saturated Fat 9.7g	48 %
Cholesterol 30mg **	10 %
Sodium 338mg	15 %
Total Carbohydrate 92g	33 %
Dietary Fiber 0g **	0 %
Sugar 82g	
Protein 8.2g **	16 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.	
** Amount is based on ingredients that specify value for	

this nutrient and 0 for those that don't.

<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

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### ORIGINAL MILK BLACK TEA

#### REGULAR (HOT)

Nutrition Facts	
Portion Size	415 g
Amount Per Portion Calories	288
	% Daily Value *
Total Fat 15g	19 %
Saturated Fat 15g **	75 %
Sodium 87mg **	4 %
Total Carbohydrate 45g	16 %
Dietary Fiber 0g **	0 %
Sugar 15g **	
Protein 0.7g **	1 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 450mg **	10 %
	10 70 11

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a

#### LARGE (HOT)

Portion Size  Amount Per Portion  Calories	535 g  378  % Daily Value * 27 %
Calories	% Daily Value *
	% Daily Value *
Total Fee Ode	
T-4-1 F-4 04-	27 %
Total Fat 21g	
Saturated Fat 20g **	100 %
Sodium 116mg **	5 %
Total Carbohydrate 59g	21 %
Dietary Fiber 0g **	0 %
Sugar 19g **	
Protein 0.9g **	2 %
Vitamin D 0mcg **	0 %
Calcium 3.3mg **	0 %
Iron 0mg **	0 %
Potassium 600mg **	13 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

#### REGULAR (ICED)

Nutrition Facts	
Portion Size	265 g
Amount Per Portion Calories	285
Galories	% Daily Value *
Total Fat 15g	19 %
Saturated Fat 15g **	75 %
Sodium 87mg **	4 %
Total Carbohydrate 45g	16 %
Dietary Fiber 0g **	0 %
Sugar 15g **	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 450mg **	10 %

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### LARGE (ICED)

- ( - /	
Nutrition Facts	
Portion Size	385 g
Amount Per Portion	276
Calories	376
	% Daily Value *
Total Fat 20g	26 %
Saturated Fat 20g **	100 %
Sodium 116mg **	5 %
Total Carbohydrate 59g	21 %
Dietary Fiber 0g **	0 %
Sugar 19g **	
Protein 0.6g **	1 %
Vitamin D 0mcg **	0 %
Calcium 3.3mg **	0 %
Iron 0mg **	0 %
Potassium 600mg **	13 %
* The % Daily Value (DV) tells you b	now much a nutrient in

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### MILK TEA

### JASMINE MILK GREEN TEA / OOLONG MILK TEA / EARL GREY MILK TEA

### REGULAR (HOT)

Nutrition Facts	
Portion Size	400 g
Amount Per Portion	213
Calories	213
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g	50 %
Sodium 62mg **	3 %
Total Carbohydrate 35g	13 %
Dietary Fiber 0g **	0 %
Sugar 15g **	
Protein 0.7g **	1 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 300mg **	6 %
* The % Daily Value (DV) tells you how	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### LARGE (HOT)

Nutrition Facts Portion Size 520 g	
Amount Per Portion Calories	303
	% Daily Value *
Total Fat 16g	21 %
Saturated Fat 15g	75 %
Sodium 91mg **	4 %
Total Carbohydrate 49g	18 %
Dietary Fiber 0g **	0 %
Sugar 19g **	
Protein 0.9g **	2 %
Vitamin D 0mcg **	0 %
Calcium 3.3mg **	0 %
Iron 0mg **	0 %
Potassium 450mg **	10 %

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\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### : REGULAR (ICED)

Nutrition Facts	
Portion Size	250 g
Amount Per Portion	210
Calories	
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g	50 %
Sodium 62mg **	3 %
Total Carbohydrate 35g	13 %
Dietary Fiber 0g **	0 %
Sugar 15g **	_
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 300mg **	6 %
* Th = 0/ D = 15 - ) /= 15 - / D) () 4 - 11 15	

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\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (ICED)

Nutrition F	Facts
Portion Size	370 g
Amount Per Portion	301
Calories	301
	% Daily Value *
Total Fat 15g	19 %
Saturated Fat 15g	75 %
Sodium 91mg **	4 %
Total Carbohydrate 49g	18 %
Dietary Fiber 0g **	0 %
Sugar 19g **	
Protein 0.6g **	1 %
Vitamin D 0mcg **	0 %
Calcium 3.3mg **	0 %
Iron 0mg **	0 %
Potassium 450mg **	10 %

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<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

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<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### TARO MILK TEA

### REGULAR (HOT/ICED)

Nutrition Facts Portion Size 75	
Amount Per Portion Calories	288
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 9g	45 %
Sodium 75mg	3 %
Total Carbohydrate 57g	21 %
Dietary Fiber 1.9g **	7 %
Sugar 27g	
Protein 1.2g	2 %
Vitamin D 0mcg **	0 %
Calcium 9.6mg **	1 %
Iron 0.1mg **	1 %
Potassium 118mg **	3 %

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### CHOCOLATE MILK TEA

### LARGE (HOT/ICED)

Nutrition Facts	
Portion Size	110 g
Amount Per Portion	401
<u>Calories</u>	401
	% Daily Value *
Total Fat 16g	21 %
Saturated Fat 13g	65 %
Sodium 106mg	5 %
Total Carbohydrate 84g	31 %
Dietary Fiber 2.5g **	9 %
Sugar 38g	
Protein 2g	4 %
Vitamin D 0mcg **	0 %
Calcium 13mg **	1 %
Iron 0.1mg **	1 %
Potassium 158mg **	3 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (HOT/ICED)

Nutrition Facts	
Portion Size	80 g
Amount Per Portion  Calories	340
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 10g	50 %
Sodium 75mg	3 %
Total Carbohydrate 62g	23 %
Dietary Fiber 4.2g **	15 %
Sugar 35g **	
Protein 0.8g **	2 %
Vitamin D 0mcg **	0 %
Calcium 13mg **	1 %
Iron 0.2mg **	1 %
Potassium 234mg	5 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT/ICED)

Nutrition Facts		
ize 100 g		
Portion 429	Amount Per Porti	
ies 429	<u>Calorie</u>	
% Daily Value *		
6g <b>21</b> %	Total Fat 16g	
i Fat 15g 75 %	Saturated Fa	
13mg 4 %	Sodium 103mg	
ohydrate 76g 28 %	Total Carbohy	
iber 4.2g ** 15 %	Dietary Fiber	
g **	Sugar 39g **	
3g ** <b>2 %</b>	Protein 0.8g **	
0 % 0 mcg **	Vitamin D 0mcg	
mg ** 1 %	Calcium 13mg	
** 1 %	Iron 0.2mg **	
384mg 8 %	Potassium 384	
384mg 8 Value (DV) tells you how much a nutrient		

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- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.



### MATCHA MILK TEA

### REGULAR (HOT/ICED)

Nutrition Facts	
Portion Size	70 g
Amount Per Portion	312
Calories	312
	% Daily Value *
Total Fat 12g	15 %
Saturated Fat 10g	50 %
Sodium 69mg	3 %
Total Carbohydrate 54g	20 %
Dietary Fiber 20g **	71 %
Sugar 28g **	
Protein 0.8g **	2 %
Vitamin D 0mcg **	0 %
Calcium 11mg **	1 %
Iron 0.2mg **	1 %
Potassium 234mg	5 %
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- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT/ICED)

Nutrition Facts	
Portion Size 90	
Amount Per Portion  Calories	395
	% Daily Value *
Total Fat 14g	18 %
Saturated Fat 12g	60 %
Sodium 84mg	4 %
Total Carbohydrate 70g	25 %
Dietary Fiber 27g **	96 %
Sugar 38g **	
Protein 1.1g **	2 %
Vitamin D 0mcg **	0 %
Calcium 15mg **	1 %
Iron 0.2mg **	1 %
Potassium 262mg	6 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.	
** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.	



### BLACK SUGAR MILK TEA

#### REGULAR (HOT)

7	
Nutrition Facts Portion Size 290 g	
Amount Per Portion Calories	264
	% Daily Value *
Total Fat 8g **	10 %
Saturated Fat 4.7g **	24 %
Cholesterol 30mg **	10 %
Sodium 99mg	4 %
Total Carbohydrate 40g	15 %
Dietary Fiber 0g **	0 %
Sugar 33g	
Protein 8.2g **	16 %
Vitamin D 2.8mcg **	14 %
Calcium 308mg **	24 %
Iron 0mg **	0 %
Potassium 375mg **	8 %
* The % Daily Value (DV) tells you how much a nutrient in	

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT)

Nutrition Facts	
Portion Size	410 g
Amount Per Portion Calories	381
	% Daily Value *
Total Fat 11g **	14 %
Saturated Fat 6.5g **	32 %
Cholesterol 42mg **	14 %
Sodium 139mg	6 %
Total Carbohydrate 59g	21 %
Dietary Fiber 0g **	0 %
Sugar 49g	
Protein 11g **	22 %
Vitamin D 3.9mcg **	20 %
Calcium 431mg **	33 %
Iron 0mg **	0 %
Potassium 525mg **	11 %

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

#### REGULAR (ICED)

Nutrition Facts	
Portion Size	240 g
Amount Per Portion	234
Calories	234
	% Daily Value *
Total Fat 6.4g **	8 %
Saturated Fat 3.7g **	18 %
Cholesterol 24mg **	8 %
Sodium 80mg	3 %
Total Carbohydrate 38g	14 %
Dietary Fiber 0g **	0 %
Sugar 31g	
Protein 6.6g **	13 %
Vitamin D 2.2mcg **	11 %
Calcium 246mg **	19 %
Iron 0mg **	0 %
Potassium 300mg **	6 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (ICED)

Nutrition Facts	
Portion Size	360 g
Amount Per Portion Calories	351
	% Daily Value *
Total Fat 9.6g **	12 %
Saturated Fat 5.6g **	28 %
Cholesterol 36mg **	12 %
Sodium 120mg	5 %
Total Carbohydrate 57g	21 %
Dietary Fiber 0g **	0 %
Sugar 46g	
Protein 9.8g **	20 %
Vitamin D 3.3mcg **	16 %
Calcium 369mg **	28 %
Iron 0mg **	0 %
Potassium 450mg **	10 %
Annual Control on the Control of the	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### MILK TEA

### COFFEE MILK TEA

### REGULAR (HOT)

Nutrition Facts Portion Size 460 g	
Amount Per Portion Calories	218
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g **	50 %
Sodium 71mg **	3 %
Total Carbohydrate 36g	13 %
Dietary Fiber 0g **	0 %
Sugar 15g **	
Protein 0.8g **	2 %
Vitamin D 0mcg **	0 %
Calcium 3.8mg **	0 %
Iron 0.1mg **	1 %
Potassium 369mg **	8 %

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT)

Portion Size 610 g  Amount Per Portion Calories 312  **Daily Value **  Total Fat 16g 21 %  Saturated Fat 15g ** 75 %  Sodium 103mg ** 4 %  Total Carbohydrate 51g 19 %  Dietary Fiber 0g ** 0 %  Sugar 19g **  Protein 1g ** 2 %  Vitamin D 0mcg ** 0 %  Calcium 5.1mg ** 0 %  Iron 0.1mg ** 1 %  Potassium 554mg ** 12 %	Nutrition Facts	
Calories   312	Portion Size	610 g
## Total Fat 16g	Amount Per Portion	312
Total Fat 16g         21 %           Saturated Fat 15g **         75 %           Sodium 103mg **         4 %           Total Carbohydrate 51g         19 %           Dietary Fiber 0g **         0 %           Sugar 19g **         2 %           Vitamin D 0mcg **         0 %           Calcium 5.1mg **         0 %           Iron 0.1mg **         1 %	Calories	312
Saturated Fat 15g **         75 %           Sodium 103mg **         4 %           Total Carbohydrate 51g         19 %           Dietary Fiber 0g **         0 %           Sugar 19g **         2 %           Vitamin D 0mcg **         0 %           Calcium 5.1mg **         0 %           Iron 0.1mg **         1 %		% Daily Value *
Sodium 103mg **         4 %           Total Carbohydrate 51g         19 %           Dietary Fiber 0g **         0 %           Sugar 19g **         2 %           Protein 1g **         2 %           Vitamin D 0mcg **         0 %           Calcium 5.1mg **         0 %           Iron 0.1mg **         1 %	Total Fat 16g	21 %
Total Carbohydrate 51g         19 %           Dietary Fiber 0g **         0 %           Sugar 19g **         2 %           Protein 1g **         2 %           Vitamin D 0mcg **         0 %           Calcium 5.1mg **         0 %           Iron 0.1mg **         1 %	Saturated Fat 15g **	75 %
Dietary Fiber 0g ** 0 % Sugar 19g **  Protein 1g ** 2 %  Vitamin D 0mcg ** 0 %  Calcium 5.1mg ** 0 %  Iron 0.1mg ** 1 %	Sodium 103mg **	4 %
Sugar 19g **         2 %           Protein 1g **         2 %           Vitamin D 0mcg **         0 %           Calcium 5.1mg **         0 %           Iron 0.1mg **         1 %	Total Carbohydrate 51g	19 %
Protein 1g **         2 %           Vitamin D 0mcg **         0 %           Calcium 5.1mg **         0 %           Iron 0.1mg **         1 %	Dietary Fiber 0g **	0 %
Vitamin D 0mcg ** 0 % Calcium 5.1mg ** 0 % Iron 0.1mg ** 1 %	Sugar 19g **	
Calcium 5.1mg ** 0 % Iron 0.1mg ** 1 %	Protein 1g **	2 %
Iron 0.1mg ** 1 %	Vitamin D 0mcg **	0 %
	Calcium 5.1mg **	0 %
Potassium 554mg ** 12 %	Iron 0.1mg **	1 %
	Potassium 554mg **	12 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

Nutrition F Portion Size	Facts 310 g
Amount Per Portion Calories	215
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g **	50 %
Sodium 71mg **	3 %
Total Carbohydrate 36g	13 %
Dietary Fiber 0g **	0 %
Sugar 15g **	
Protein 0.5g **	1 %
Vitamin D 0mcg **	0 %
Calcium 3.8mg **	0 %
Iron 0.1mg **	1 %
Potassium 369mg **	8 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

Nutrition Facts Portion Size 460 g	
Amount Per Portion Calories	309
	% Daily Value *
Total Fat 16g	21 %
Saturated Fat 15g **	75 %
Sodium 103mg **	4 %
Total Carbohydrate 51g	19 %
Dietary Fiber 0g **	0 %
Sugar 19g **	
Protein 0.7g **	1 %
Vitamin D 0mcg **	0 %
Calcium 5.1mg **	0 %
Iron 0.1mg **	1 %
Potassium 554mg **	12 %

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.



### MANGO MILK TEA

#### REGULAR (ICED)

Nutrition Facts	
Portion Size	300 g
Amount Per Portion	326
Calories	320
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g **	50 %
Sodium 56mg **	2 %
Total Carbohydrate 64g	23 %
Dietary Fiber 0g **	0 %
Sugar 42g **	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 5.3mg **	0 %
Iron 0mg **	0 %
Potassium 364mg **	8 %

a serving of food contribute to a daily diet. 2000 calories a

\*\* Amount is based on ingredients that specify value for

day is used for general nutrition advice.

this nutrient and 0 for those that don't.

#### LARGE (ICED)

Portion Size	450 g
Amount Per Portion	489
Calories	% Daily Value *
Total Fat 15g	19 %
Saturated Fat 15g **	75 %
Sodium 84mg **	4 %
Total Carbohydrate 96g	35 %
Dietary Fiber 0g **	0 %
Sugar 63g **	
Protein 0.6g **	1 %
Vitamin D 0mcg **	0 %
Calcium 8mg **	1 %
Iron 0mg **	0 %
Potassium 546mg **	12 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### STRAWBERRY EARL GREY MILK TEA

REGULAR (ICED)

Nutrition Facts Portion Size 300 g	
Amount Per Portion Calories	278
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 10g **	50 %
Sodium 66mg **	3 %
Total Carbohydrate 52g **	19 %
Dietary Fiber 0g **	0 %
Sugar 30g **	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 5.3mg **	0 %
Iron 0mg **	0 %
Potassium 354mg **	8 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (ICED)

` '	
Nutrition Facts	
Portion Size	450 g
Amount Per Portion	447
Calories	417
	% Daily Value *
Total Fat 15g	19 %
Saturated Fat 15g **	75 %
Sodium 99mg **	4 %
Total Carbohydrate 78g **	28 %
Dietary Fiber 0g **	0 %
Sugar 45g **	
Protein 0.6g **	1 %
Vitamin D 0mcg **	0 %
Calcium 8mg **	1 %
Iron 0mg **	0 %
Potassium 531mg **	11 %
* The 9/ Deily Velve (DV) telle very how	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### FRUIT TEA

### MANGO TEA

### REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	222
Calories	
	% Daily Value *
Total Fat 0.2g	0 %
Sodium 16mg **	1 %
Total Carbohydrate 56g	20 %
Dietary Fiber 0g	0 %
Sugar 54g	
Protein 0.4g	1 %
Vitamin D 0mcg **	0 %
Calcium 7.4mg	1 %
Iron 0mg **	0 %
Potassium 64mg	1 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

this nutrient and 0 for those that don't.

\*\* Amount is based on ingredients that specify value for

### LARGE (ICED)

415 g
319
319
% Daily Value *
1 %
1 %
29 %
0 %
1 %
0 %
1 %
0 %
2 %

- a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### STRAWBERRY TEA

### REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	280 g
Amount Per Portion	174
Calories	1/4
	% Daily Value *
Total Fat 0.2g	0 %
Sodium 26mg	1 %
Total Carbohydrate 44g	16 %
Dietary Fiber 0g	0 %
Sugar 42g	
Protein 0.4g	1 %
Vitamin D 0mcg **	0 %
Calcium 7.4mg	1 %
Iron 0mg	0 %
Potassium 54mg	1 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

- day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (ICED)	
Nutrition Facts Portion Size 415 g	
Amount Per Portion Calories	247
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 37mg	2 %
Total Carbohydrate 63g	23 %
Dietary Fiber 0g	0 %
Sugar 60g	
Protein 0.6g	1 %
Vitamin D 0mcg **	0 %
Calcium 11mg	1 %
Iron 0mg	0 %
Potassium 81mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

- day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LYCHEE TEA

#### REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	400
Calories	192
	% Daily Value *
Total Fat 0.2g	0 %
Sodium 16mg **	1 %
Total Carbohydrate 56g	20 %
Dietary Fiber 0g	0 %
Sugar 54g	
Protein 0.4g	1 %
Vitamin D 0mcg **	0 %
Calcium 5.4mg	0 %
Iron 0mg **	0 %
Potassium 60mg	1 %
* The % Daily Value (DV) tells you how a serving of food contribute to a daily	

day is used for general nutrition advice.

this nutrient and 0 for those that don't.

\*\* Amount is based on ingredients that specify value for

### LARGE (ICED)

Nutrition Facts Portion Size 415	
Amount Per Portion Calories	274
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 22mg **	1 %
Total Carbohydrate 81g	29 %
Dietary Fiber 0g	0 %
Sugar 78g	
Protein 0.6g	1 %
Vitamin D 0mcg **	0 %
Calcium 7.5mg	1 %
Iron 0mg **	0 %
Potassium 90mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in	

- a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### PASSION FRUIT TEA

REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion Calories	192
	% Daily Value *
Total Fat 0.2g	0 %
Sodium 16mg **	1 %
Total Carbohydrate 48g	17 %
Dietary Fiber 2g	7 %
Sugar 46g	
Protein 0.4g	1 %
Vitamin D 0mcg **	0 %
Calcium 5.4mg	0 %
Iron 0mg **	0 %
Potassium 102mg	2 %
* The % Daily Value (DV) tells you ho	w much a nutrient in

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (ICED)

Nutrition Facts	
Portion Size	415 g
Amount Per Portion Calories	274
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 22mg **	1 %
Total Carbohydrate 69g	25 %
Dietary Fiber 3g	11 %
Sugar 66g	
Protein 0.6g	1 %
Vitamin D 0mcg **	0 %
Calcium 7.5mg	1 %
Iron 0mg **	0 %
Potassium 153mg	3 %

- a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### FRUIT TEA

### **GRAPEFRUIT TEA**

### REGULAR (HOT)

Nutrition Facts	
Portion Size	430 g
Amount Per Portion	280
Calories	200
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 19mg **	1 %
Total Carbohydrate 70g	25 %
Dietary Fiber 2g	7 %
Sugar 66g	
Protein 0.7g	1 %
Vitamin D 0mcg **	0 %
Calcium 20mg	2 %
Iron 0mg **	0 %
Potassium 52mg	1 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.	

\*\* Amount is based on ingredients that specify value for

this nutrient and 0 for those that don't.

### LARGE (HOT)

Nutrition Facts	
Portion Size	565 g
Amount Per Portion	398
<u>Calories</u>	
	% Daily Value *
Total Fat 0.5g	1 %
Sodium 25mg **	1 %
Total Carbohydrate 99g	36 %
Dietary Fiber 3g	11 %
Sugar 93g	
Protein 0.9g	2 %
Vitamin D 0mcg **	0 %
Calcium 29mg	2 %
Iron 0mg **	0 %
Potassium 78mg	2 %
* The % Daily Value (DV) tells you ho	ow much a nutrient in

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

Nutrition Facts Portion Size 280 g	
Amount Per Portion Calories	264
	% Daily Value *
Total Fat 0.2g	0 %
Sodium 16mg **	1 %
Total Carbohydrate 66g	24 %
Dietary Fiber 2g	7 %
Sugar 62g	
Protein 0.4g	1 %
Vitamin D 0mcg **	0 %
Calcium 19mg	1 %
Iron 0mg **	0 %
Potassium 52mg	1 %
* The % Daily Value (DV) tells you how much a nutrient in	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (ICED)	
<b>Nutrition Facts</b>	
Portion Size	415 g
Amount Per Portion	382
Calories	302
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 22mg **	1 %
Total Carbohydrate 96g	35 %
Dietary Fiber 3g	11 %
Sugar 90g	
Protein 0.6g	1 %
Vitamin D 0mcg **	0 %
Calcium 29mg	2 %
Iron 0mg **	0 %
Potassium 78mg	2 %
* The % Daily Value (DV) tells you h	ow much a nutrient in

a serving of food contribute to a daily diet. 2000 calories a



### **LEMON TEA**

### REGULAR (HOT)

Nutrition Facts	
Portion Size	430 g
Amount Per Portion	280
Calories	200
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 19mg **	1 %
Total Carbohydrate 70g	25 %
Dietary Fiber 0g	0 %
Sugar 66g	
Protein 0.7g	1 %
Vitamin D 0mcg **	0 %
Calcium 8.1mg	1 %
Iron 0mg **	0 %
Potassium 46mg	1 %
* The % Daily Value (DV) tells you had a serving of food contribute to a daily	

LARGE (HOT)

Nutrition Facts	
Portion Size	565 g
Amount Per Portion	398
Calories	390
	% Daily Value *
Total Fat 0.5g	1 %
Sodium 25mg **	1 %
Total Carbohydrate 99g	36 %
Dietary Fiber 0g	0 %
Sugar 93g	
Protein 0.9g	2 %
Vitamin D 0mcg **	0 %
Calcium 11mg	1 %
Iron 0mg **	0 %
Potassium 69mg	1 %

- a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	264
<u>Calories</u>	204
	% Daily Value *
Total Fat 0.2g	0 %
Sodium 16mg **	1 %
Total Carbohydrate 66g	24 %
Dietary Fiber 0g	0 %
Sugar 62g	
Protein 0.4g	1 %
Vitamin D 0mcg **	0 %
Calcium 7.4mg	1 %
Iron 0mg **	0 %
Potassium 46mg	1 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (ICED)

Nutrition Facts	
Portion Size	415 g
Amount Per Portion Calories	382
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 22mg **	1 %
Total Carbohydrate 96g	35 %
Dietary Fiber 0g	0 %
Sugar 90g	
Protein 0.6g	1 %
Vitamin D 0mcg **	0 %
Calcium 11mg	1 %
Iron 0mg **	0 %
Potassium 69mg	1 %
* The 9/ Deily Value (DV) tella yeu	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### FRUIT TEA

### PEACH ICED TEA

day is used for general nutrition advice.

this nutrient and 0 for those that don't.

\*\* Amount is based on ingredients that specify value for

### REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	135 g
Amount Per Portion	446
Calories	116
	% Daily Value *
Total Fat 0.1g **	0 %
Sodium 18mg **	1 %
Total Carbohydrate 30g	11 %
Dietary Fiber 0g **	0 %
Sugar 28g **	
Protein 0.2g **	0 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 0.2mg **	0 %
* The % Daily Value (DV) tells you how much a nutrient in	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

 $^{\star\star}$  Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

Nutrition Facts Portion Size 210 g	
Amount Per Portion  Calories	203
	% Daily Value *
Total Fat 0.2g **	0 %
Sodium 30mg **	1 %
Total Carbohydrate 53g	19 %
Dietary Fiber 0g **	0 %
Sugar 48g **	
Protein 0.3g **	1 %
Vitamin D 0mcg **	0 %
Calcium 3.9mg **	0 %
Iron 0mg **	0 %
Potassium 0.3mg **	0 %
* The % Daily Value (DV) tells you how much a nutrient in	
a serving of food contribute to a daily diet. 2000 calories a	
day is used for general nutrition advice.  ** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.	



### BLACK TEA / JASMINE GREEN TEA / OOLONG TEA / EARL GREY TEA

REGULAR (HOT)

Nutrition Facts	
Portion Size	255 g
Amount Per Portion	40
Calories	18
	% Daily Value *
Total Fat 0.3g	0 %
Sodium 3.1mg **	0 %
Total Carbohydrate 3.8g	1 %
Dietary Fiber 0g **	0 %
Sugar 3.8g **	
Protein 0.5g	1 %
Vitamin D 0mcg **	0 %
Calcium 0.7mg **	0 %
Iron 0mg **	0 %
Potassium 0.1mg **	0 %
* The % Daily Value (DV) tells you how much a nutrient in	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (HOT)

Nutrition Facts	
Portion Size	360 g
Amount Per Portion	3/1
Calories	34
	% Daily Value *
Total Fat 0.4g	1 %
Sodium 6.2mg **	0 %
Total Carbohydrate 7.7g	3 %
Dietary Fiber 0g **	0 %
Sugar 7.7g **	
Protein 0.7g	1 %
Vitamin D 0mcg **	0 %
Calcium 1.3mg **	0 %
Iron 0mg **	0 %
Potassium 0.1mg **	0 %
* The % Daily Value (DV) tells you how much a nutrient in	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

REGULAR (ICED)

Nutrition Facts		
Portion Size	155 g	
Amount Per Portion	47	
Calories	17	
	% Daily Value *	
Total Fat 0.2g	0 %	
Sodium 3.1mg **	0 %	
Total Carbohydrate 3.8g	1 %	
Dietary Fiber 0g **	0 %	
Sugar 3.8g **		
Protein 0.3g	1 %	
Vitamin D 0mcg **	0 %	
Calcium 0.7mg **	0 %	
Iron 0mg **	0 %	
Potassium 0.1mg **	0 %	
* The % Daily Value (DV) tells you how	w much a nutrient in	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (ICED)

Nutrition Facts	
Portion Size	310 g
Amount Per Portion	33
Calories	
	% Daily Value *
Total Fat 0.3g	0 %
Sodium 6.2mg **	0 %
Total Carbohydrate 7.7g	3 %
Dietary Fiber 0g **	0 %
Sugar 7.7g **	
Protein 0.6g	1 %
Vitamin D 0mcg **	0 %
Calcium 1.3mg **	0 %
Iron 0mg **	0 %
Potassium 0.1mg **	0 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

a serving of food contribute to a daily diet. 2000 calories day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### ADE

### MANGO ADE

REGULAR (ICED)

Nutrition Facts	
Portion Size	240 g
Amount Per Portion	216
Calories	% Daily Value *
Total Fat 0g	0 %
Sodium 38mg **	2 %
Total Carbohydrate 54g	20 %
Dietary Fiber 0g **	0 %
Sugar 51g	
Protein 0g	0 %
Calcium 6mg **	0 %
Potassium 96mg **	2 %
* The % Daily Value (DV) tells you how a serving of food contribute to a daily di day is used for general nutrition advice.	et. 2000 calories a

\*\* Amount is based on ingredients that specify value for

this nutrient and 0 for those that don't.

### STRAWBERRY ADE

REGULAR (ICED)

Nutrition Facts Portion Size 240 g	
Amount Per Portion Calories	144
	% Daily Value *
Total Fat 0g	0 %
Sodium 53mg	2 %
Total Carbohydrate 36g	13 %
Dietary Fiber 0g **	0 %
Sugar 33g	
Protein 0g	0 %
Calcium 6mg **	0 %
Iron 0mg **	0 %
Potassium 81mg **	2 %
* The % Daily Value (DV) tells you hor a serving of food contribute to a daily day is used for general nutrition advic ** Amount is based on ingredients tha	diet. 2000 calories a e.

this nutrient and 0 for those that don't.

### LYCHEE ADE

REGULAR (ICED)

240 g	
171	
ily Value *	
0 %	
2 %	
20 %	
0 %	
0 %	
0 %	
2 %	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.  **Amount is based on ingredients that specify value for	

this nutrient and 0 for those that don't.

### PASSION FRUIT ADE

REGULAR (ICED)

Nutrition Facts	
Portion Size 240	
Amount Per Portion	171
Calories	171
	% Daily Value *
Total Fat 0g	0 %
Sodium 38mg **	2 %
Total Carbohydrate 42g	15 %
Dietary Fiber 3g **	11 %
Sugar 39g	
Protein 0g	0 %
Calcium 3mg **	0 %
Potassium 153mg **	3 %

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.



### GRAPEFRUIT ADE

REGULAR (ICED)

Nutrition Facts	
Portion Size	240 g
Amount Per Portion	279
Calories	219
	% Daily Value *
Total Fat 0g	0 %
Sodium 38mg **	2 %
Total Carbohydrate 69g	25 %
Dietary Fiber 3g **	11 %
Sugar 63g	
Protein 0g	0 %
Calcium 24mg **	2 %
Potassium 78mg **	2 %
* The % Daily Value (DV) tells you ho	

### REGULAR (ICED)

**LEMON ADE** 

Nutrition Facts	
Portion Size	240 g
Amount Per Portion	270
Calories	279
	% Daily Value *
Total Fat 0g	0 %
Sodium 38mg **	2 %
Total Carbohydrate 69g	25 %
Dietary Fiber 0g **	0 %
Sugar 63g	
Protein 0g	0 %
Calcium 6mg **	0 %
Potassium 69mg **	1 %
* The % Daily Value (DV) tells you how m a serving of food contribute to a daily diet	

day is used for general nutrition advice.

this nutrient and 0 for those that don't.

\*\* Amount is based on ingredients that specify value for



a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\*Amount is based on ingredients that specify value for

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### SMOOTHIE

### MANGO SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	135 g
Amount Per Portion Calories	376
	% Daily Value *
Total Fat 5.1g	7 %
Saturated Fat 5g	25 %
Sodium 44mg **	2 %
Total Carbohydrate 87g	32 %
Dietary Fiber 0g **	0 %
Sugar 74g **	
Protein 0g **	0 %
Vitamin D 0mcg **	0 %
Calcium 9.9mg **	1 %
Iron 0mg **	0 %
Potassium 246mg	5 %

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### STRAWBERRY SMOOTHIE

REGULAR (ICED)

Nutrition Facts Portion Size 135 g	
Amount Per Portion Calories	304
	% Daily Value *
Total Fat 5.1g	7 %
Saturated Fat 5g	25 %
Sodium 59mg	3 %
Total Carbohydrate 69g	25 %
Dietary Fiber 0g **	0 %
Sugar 56g **	
Protein 0g **	0 %
Vitamin D 0mcg **	0 %
Calcium 9.9mg **	1 %
Iron 0mg **	0 %
Potassium 231mg	5 %

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LYCHEE SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	120 g
Amount Per Portion Calories	256
	% Daily Value *
Total Fat 0.1g	0 %
Sodium 19mg **	1 %
Total Carbohydrate 77g	28 %
Dietary Fiber 0g	0 %
Sugar 74g	
Protein 0g	0 %
Vitamin D 0mcg **	0 %
Calcium 6.9mg	1 %
Iron 0mg **	0 %
Potassium 90mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in	

a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### PASSION FRUIT SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	120 g
Amount Per Portion	256
Calories	250
	% Daily Value
Total Fat 0.1g	0 %
Sodium 19mg **	1 %
Total Carbohydrate 65g	24 %
Dietary Fiber 3g	11 %
Sugar 62g	
Protein 0g	0 %
Vitamin D 0mcg **	0 %
Calcium 6.9mg	1 %
Iron 0mg **	0 %
Potassium 153mg	3 %

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.





### TARO SMOOTHIE

REGULAR (ICED)

` '	
Nutrition Facts	
Portion Size	120 g
Amount Per Portion	420
Calories	429
	% Daily Value *
Total Fat 16g	21 %
Saturated Fat 13g	65 %
Sodium 112mg	5 %
Total Carbohydrate 92g	33 %
Dietary Fiber 2.5g **	9 %
Sugar 46g	
Protein 2g	4 %
Vitamin D 0mcg **	0 %
Calcium 14mg **	1 %
Iron 0.1mg **	1 %
Potassium 158mg **	3 %
+ T1 0/ D 3 1/ 1 /D10 / II	

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

## CHOCOLATE SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	105 g
Amount Per Portion Calories	443
	% Daily Value *
Total Fat 16g	21 %
Saturated Fat 15g	75 %
Sodium 106mg	5 %
Total Carbohydrate 80g	29 %
Dietary Fiber 4.2g **	15 %
Sugar 43g **	
Protein 0.8g **	2 %
Vitamin D 0mcg **	0 %
Calcium 14mg **	1 %
Iron 0.2mg **	1 %
Potassium 384mg	8 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### MATCHA SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	100 დ
Amount Per Portion Calories	424
	% Daily Value
Total Fat 14g	18 %
Saturated Fat 12g	60 %
Sodium 91mg	4 %
Total Carbohydrate 78g	28 %
Dietary Fiber 27g **	96 %
Sugar 46g **	
Protein 1.1g **	2 %
Vitamin D 0mcg **	0 %
Calcium 17mg **	1 %
Iron 0.2mg **	1 %
Potassium 262mg	6 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

## MINT CHOCOLATE SMOOTHIE

REGULAR (ICED)

Portion Size	245 g
	245 g
Amount Per Portion	315
<u>Calories</u>	
	% Daily Value *
Total Fat 10g	13 %
Saturated Fat 5.4g	27 %
Cholesterol 24mg **	8 %
Sodium 181mg	8 %
Total Carbohydrate 47g	17 %
Dietary Fiber 0g **	0 %
Sugar 46g	
Protein 9.6g	19 %
Vitamin D 2.2mcg **	11 %
Calcium 246mg **	19 %
Iron 0mg **	0 %
Potassium 300mg **	6 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### SMOOTHIE

### COCONUT SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	220 g
Amount Per Portion	592
Calories	592
	% Daily Value *
Total Fat 36g	46 %
Saturated Fat 24g	120 %
Sodium 92mg	4 %
Total Carbohydrate 55g	20 %
Dietary Fiber 0g **	0 %
Sugar 55g	
Protein 5.7g	11 %
Vitamin D 0mcg **	0 %
Calcium 121mg	9 %
Iron 0mg **	0 %
Potassium 160mg **	3 %
* The % Daily Value (DV) tells you had a serving of food contribute to a daily	

day is used for general nutrition advice.

\*\* Amount is based on ingredients that specify value for

## COCONUT COFFEE SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	597
<u>Calories</u>	331
	% Daily Value *
Total Fat 36g	46 %
Saturated Fat 24g	120 %
Sodium 100mg	4 %
Total Carbohydrate 56g	20 %
Dietary Fiber 0g **	0 %
Sugar 55g	
Protein 5.7g	11 %
Vitamin D 0mcg **	0 %
Calcium 123mg	9 %
Iron 0.1mg **	1 %
Potassium 229mg **	5 %
* The % Daily Value (DV) tells you how	much a nutrient in
a serving of food contribute to a daily di	iet. 2000 calories a
day is used for general nutrition advice.	
** Amount is based on ingredients that	specify value for
this nutrient and 0 for those that don't.	



<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### YOGURT SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	260 g
Amount Per Portion Calories	325
	% Daily Value *
Total Fat 6.5g **	8 %
Saturated Fat 3.7g **	18 %
Cholesterol 24mg **	8 %
Sodium 95mg **	4 %
Total Carbohydrate 55g	20 %
Dietary Fiber 0g **	0 %
Sugar 50g	
Protein 7.3g	15 %
Vitamin D 2.2mcg **	11 %
Calcium 250mg **	19 %
Iron 0mg **	0 %
Potassium 300mg **	6 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

## STRAWBERRY YOGURT SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	320 g
Amount Per Portion Calories	421
	% Daily Value *
Total Fat 6.5g **	8 %
Saturated Fat 3.7g **	18 %
Cholesterol 24mg **	8 %
Sodium 105mg **	5 %
Total Carbohydrate 79g	29 %
Dietary Fiber 0g **	0 %
Sugar 72g	
Protein 7.3g	15 %
Vitamin D 2.2mcg **	11 %
Calcium 254mg **	20 %
Iron 0mg **	0 %
Potassium 354mg **	8 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

## PASSION FRUIT YOGURT SMOOTHIE

REGULAR (ICED)

Nutrition Facts	
Portion Size	320 g
Amount Per Portion Calories	439
	% Daily Value *
Total Fat 6.5g **	8 %
Saturated Fat 3.7g **	18 %
Cholesterol 24mg **	8 %
Sodium 95mg **	4 %
Total Carbohydrate 83g	30 %
Dietary Fiber 2g **	7 %
Sugar 76g	
Protein 7.3g	15 %
Vitamin D 2.2mcg **	11 %
Calcium 252mg **	19 %
Iron 0mg **	0 %
Potassium 402mg **	9 %
* The % Daily Value (DV) tells you he	ow much a nutrient in

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.



### **ORGANIC SOY SERIES**

### HAZELNUT COCOA WITH SOY MILK

REGULAR (HOT)

Nutrition Facts	
Portion Size	295 g
Amount Per Portion	289
<u>Calories</u>	
	% Daily Value *
Total Fat 8.1g **	10 %
Saturated Fat 4.1g **	20 %
Sodium 145mg	6 %
Total Carbohydrate 43g	16 %
Dietary Fiber 3.8g **	14 %
Sugar 30g	
Protein 8.9g **	18 %
Vitamin D 0mcg **	0 %
Calcium 319mg **	25 %
Iron 1.6mg **	9 %
Potassium 431mg **	9 %
* The % Daily Value (DV) tells you how much a nutrient in	

- a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

REGULAR (ICED)

Nutrition Facts Portion Size 245 g	
Amount Per Portion	
Calories	268
	% Daily Value *
Total Fat 7.2g **	9 %
Saturated Fat 4g **	20 %
Sodium 122mg	5 %
Total Carbohydrate 42g	15 %
Dietary Fiber 3.6g **	13 %
Sugar 29g	
Protein 7.2g **	14 %
Vitamin D 0mcg **	0 %
Calcium 257mg **	20 %
Iron 1.3mg **	7 %
Potassium 356mg **	8 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### COCONUT CHAI WITH SOY MILK

REGULAR (HOT)

<b>Nutrition Facts</b>	
Portion Size 280	
Amount Per Portion Calories	190
	% Daily Value *
Total Fat 4.2g	5 %
Saturated Fat 0.5g	2 %
Sodium 134mg	6 %
Total Carbohydrate 31g	11 %
Dietary Fiber 1g	4 %
Sugar 29g	
Protein 8.3g	17 %
Vitamin D 0mcg **	0 %
Calcium 316mg	24 %
Iron 1.5mg	8 %
Potassium 375mg	8 %
* The % Daily Value (DV) tells you how much a nutrient in	

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

REGULAR (ICED)

Nutrition Facts	
Portion Size 230 g	
Amount Per Portion	169
Calories	
	% Daily Value *
Total Fat 3.4g	4 %
Saturated Fat 0.4g	2 %
Sodium 111mg	5 %
Total Carbohydrate 30g	11 %
Dietary Fiber 0.8g	3 %
Sugar 28g	
Protein 6.7g	13 %
Vitamin D 0mcg **	0 %
Calcium 254mg	20 %
Iron 1.2mg	7 %
Potassium 300mg	6 %

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for

공

### MATCHA VANILLA WITH SOY MILK

### REGULAR (HOT)

Nutrition Facts Portion Size 290	
Amount Per Portion Calories	271
	% Daily Value *
Total Fat 8.6g	11 %
Saturated Fat 4.1g **	20 %
Sodium 140mg	6 %
Total Carbohydrate 39g	14 %
Dietary Fiber 14g **	50 %
Sugar 26g	
Protein 8.9g	18 %
Vitamin D 0mcg **	0 %
Calcium 319mg **	25 %
Iron 1.6mg **	9 %
Potassium 431mg **	9 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

Nutrition Facts	
Portion Size	240 g
Amount Per Portion Calories	250
<u>outories</u>	% Daily Value *
Total Fat 7.8g	10 %
Saturated Fat 4g **	20 %
Sodium 117mg	5 %
Total Carbohydrate 38g	14 %
Dietary Fiber 14g **	50 %
Sugar 25g	
Protein 7.2g	14 %
Vitamin D 0mcg **	0 %
Calcium 257mg **	20 %
Iron 1.3mg **	7 %
Potassium 356mg **	8 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### RED BEAN WITH SOY MILK

: REGULAR (HOT)

Notetian Foots	
Nutrition Facts	
Portion Size	290 g
Amount Per Portion	196
Calories	190
	% Daily Value *
Total Fat 4.2g **	5 %
Saturated Fat 0.5g **	2 %
Sodium 228mg	10 %
Total Carbohydrate 29g	11 %
Dietary Fiber 1g **	4 %
Sugar 20g **	
Protein 9.9g	20 %
Calcium 313mg **	24 %
Iron 1.5mg **	8 %
Potassium 375mg **	8 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.	
** Amount is based on ingredients that specify value for	





### **AMERICANO**

### REGULAR (HOT/ICED)

, ,	
Nutrition Facts Portion Size 60 c	
Portion Size	60 g
Amount Per Portion	5.4
Calories	5.4
	% Daily Value *
Total Fat 0.1g	0 %
Saturated Fat 0.1g	0 %
Sodium 8.4mg	0 %
Total Carbohydrate 1g	0 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 0.1g	0 %
Vitamin D 0mcg	0 %
Calcium 1.2mg	0 %
Iron 0.1mg	1 %
Potassium 69mg	1 %
* The % Daily Value (DV) tells you a serving of food contribute to a da	

day is used for general nutrition advice.

### LARGE (HOT/ICED)

Nutrition Facts	
Portion Size	90 g
Amount Per Portion	0.1
Calories	8.1
	% Daily Value *
Total Fat 0.2g	0 %
Saturated Fat 0.1g	0 %
Sodium 13mg	1 %
Total Carbohydrate 1.5g	1 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 0.1g	0 %
Vitamin D 0mcg	0 %
Calcium 1.8mg	0 %
Iron 0.1mg	1 %
Potassium 104mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

### **CAPPUCCINO**

this nutrient and 0 for those that don't.

### REGULAR (HOT)

Nutrition Facts	
Portion Size	260 g
Amount Per Portion	125
<u>Calories</u>	123
	% Daily Value *
Total Fat 6.5g	8 %
Saturated Fat 3.8g	19 %
Cholesterol 24mg	8 %
Sodium 84mg	4 %
Total Carbohydrate 10g	4 %
Dietary Fiber 0g	0 %
Sugar 9.6g	
Protein 6.6g	13 %
Vitamin D 2.2mcg	11 %
Calcium 247mg	19 %
Iron 0.1mg	1 %
Potassium 369mg	8 %
* The % Daily Value (DV) tells you how	w much a nutrient in

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### LARGE (HOT)

LARGE (1101)	
Nutrition Facts	
Portion Size	390 g
Amount Per Portion	188
Calories	100
	% Daily Value *
Total Fat 9.8g	13 %
Saturated Fat 5.7g	28 %
Cholesterol 36mg	12 %
Sodium 127mg	6 %
Total Carbohydrate 16g	6 %
Dietary Fiber 0g	0 %
Sugar 14g	
Protein 10g	20 %
Vitamin D 3.3mcg	16 %
Calcium 371mg	29 %
Iron 0.1mg	1 %
Potassium 554mg	12 %
* The % Daily Value (DV) tells you how much a nutrient in	
a serving of food contribute to a daily diet, 2000 calories a	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.



### PALGONG HOUSE COFFEE

### REGULAR (HOT)

` ′	
Nutrition Facts	
Portion Size	400 g
Amount Per Portion	
Calories	4
	% Daily Value *
Total Fat 0.1g	0 %
Sodium 8mg	0 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 0.5g	1 %
Vitamin D 0mcg	0 %
Calcium 8mg	1 %
Iron 0mg	0 %
Potassium 196mg	4 %
* The % Daily Value (DV) tells you has a serving of food contribute to a dail	

### LARGE (HOT)

Nutrition Facts	
Portion Size	500 g
Amount Per Portion	
Calories	<u> </u>
% D	aily Value *
Total Fat 0.1g	0 %
Sodium 10mg	0 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 0.6g	1 %
Vitamin D 0mcg	0 %
Calcium 10mg	1 %
Iron 0.1mg	1 %
Potassium 245mg	5 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

### : REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	250 (
Amount Per Portion	2.5
<u>Calories</u>	2.0
	% Daily Value
Total Fat 0.1g	0 %
Sodium 5mg	0 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 0.3g	1 %
Vitamin D 0mcg	0 %
Calcium 5mg	0 %
Iron 0mg	0 %
Potassium 123mg	3 %
* The % Daily Value (DV) tells you	u how much a nutrient in

a serving of food contribute to a daily diet. 2000 calories a

day is used for general nutrition advice.

LARGE (ICED)

Nutrition Facts	
Portion Size	350 g
Amount Per Portion	3.5
Calories	3.3
	% Daily Value *
Total Fat 0.1g	0 %
Sodium 7mg	0 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 0.4g	1 %
Vitamin D 0mcg	0 %
Calcium 7mg	1 %
Iron 0mg	0 %
Potassium 172mg	4 %

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### COFFEE

day is used for general nutrition advice.

### CAFE LATTE

### REGULAR (HOT)

Nutrition Facts	
Portion Size	310 g
Amount Per Portion	155
Calories	100
	% Daily Value *
Total Fat 8.1g	10 %
Saturated Fat 4.7g	24 %
Cholesterol 30mg	10 %
Sodium 103mg	4 %
Total Carbohydrate 13g	5 %
Dietary Fiber 0g	0 %
Sugar 12g	
Protein 8.3g	17 %
Vitamin D 2.8mcg	14 %
Calcium 309mg	24 %
Iron 0.1mg	1 %
Potassium 444mg	9 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

### LARGE (HOT)

Nutrition Facts	
Portion Size	440 g
Amount Per Portion	218
Calories	<u> </u>
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 6.6g	33 %
Cholesterol 42mg	14 %
Sodium 146mg	6 %
Total Carbohydrate 18g	7 %
Dietary Fiber 0g	0 %
Sugar 17g	
Protein 12g	24 %
Vitamin D 3.9mcg	20 %
Calcium 432mg	33 %
Iron 0.1mg	1 %
Potassium 629mg	13 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

### REGULAR (ICED)

, ,	
<b>Nutrition Facts</b>	
Portion Size	<b>260</b> g
Amount Per Portion	125
Calories	125
	% Daily Value *
Total Fat 6.5g	8 %
Saturated Fat 3.8g	19 %
Cholesterol 24mg	8 %
Sodium 84mg	4 %
Total Carbohydrate 10g	4 %
Dietary Fiber 0g	0 %
Sugar 9.6g	
Protein 6.6g	13 %
Vitamin D 2.2mcg	11 %
Calcium 247mg	19 %
Iron 0.1mg	1 %
Potassium 369mg	8 %
* The % Daily Value (DV) tells you h	now much a nutrient in
a serving of food contribute to a dail	ly diet. 2000 calories a

day is used for general nutrition advice.

Nutrition Facts	
Portion Size	390 g
Amount Per Portion	100
Calories	188
	% Daily Value *
Total Fat 9.8g	13 %
Saturated Fat 5.7g	28 %
Cholesterol 36mg	12 %
Sodium 127mg	6 %
Total Carbohydrate 16g	6 %
Dietary Fiber 0g	0 %
Sugar 14g	
Protein 10g	20 %
Vitamin D 3.3mcg	16 %
Calcium 371mg	29 %
Iron 0.1mg	1 %
Potassium 554mg	12 %
* The % Daily Value (DV) tells you how much a nutrient in	
a serving of food contribute to a daily diet. 2000 calories a	
day is used for general nutrition advice.	



### HAZELNUT LATTE

#### REGULAR (HOT)

Nutrition Facts Portion Size 330 g	
Amount Per Portion Calories	215
	% Daily Value *
Total Fat 8.1g **	10 %
Saturated Fat 4.7g **	24 %
Cholesterol 30mg **	10 %
Sodium 110mg	5 %
Total Carbohydrate 27g	10 %
Dietary Fiber 0g **	0 %
Sugar 26g	
Protein 8.3g **	17 %
Vitamin D 2.8mcg **	14 %
Calcium 309mg **	24 %
Iron 0.1mg **	1 %
Potassium 444mg **	9 %

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT)

N. 4 141 -		
Nutrition Facts		
Portion Size	470 g	
Amount Per Portion	308	
Calories	300	
	% Daily Value *	
Total Fat 11g **	14 %	
Saturated Fat 6.6g **	33 %	
Cholesterol 42mg **	14 %	
Sodium 156mg	7 %	
Total Carbohydrate 39g	14 %	
Dietary Fiber 0g **	0 %	
Sugar 38g		
Protein 12g **	24 %	
Vitamin D 3.9mcg **	20 %	
Calcium 432mg **	33 %	
Iron 0.1mg **	1 %	
Potassium 629mg **	13 %	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	280 g
Amount Per Portion	185
Calories	100
	% Daily Value *
Total Fat 6.5g **	8 %
Saturated Fat 3.8g **	19 %
Cholesterol 24mg **	8 %
Sodium 91mg	4 %
Total Carbohydrate 24g	9 %
Dietary Fiber 0g **	0 %
Sugar 24g	
Protein 6.6g **	13 %
Vitamin D 2.2mcg **	11 %
Calcium 247mg **	19 %
Iron 0.1mg **	1 %
Potassium 369mg **	8 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (ICED)

<b>Nutrition Facts</b>	
Portion Size	420 g
Amount Per Portion	278
Calories	210
	% Daily Value *
Total Fat 9.8g **	13 %
Saturated Fat 5.7g **	28 %
Cholesterol 36mg **	12 %
Sodium 137mg	6 %
Total Carbohydrate 37g	13 %
Dietary Fiber 0g **	0 %
Sugar 35g	
Protein 10g **	20 %
Vitamin D 3.3mcg **	16 %
Calcium 371mg **	29 %
Iron 0.1mg **	1 %
Potassium 554mg **	12 %
* The % Daily Value (DV) tells you i	now much a nutrient in

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### COFFEE

### VANILLA LATTE

### REGULAR (HOT)

Nutrition Facts	
Portion Size	330 g
Amount Per Portion Calories	209
	% Daily Value *
Total Fat 8.1g	10 %
Saturated Fat 4.7g **	24 %
Cholesterol 30mg **	10 %
Sodium 103mg	4 %
Total Carbohydrate 26g	9 %
Dietary Fiber 0g **	0 %
Sugar 25g	
Protein 8.3g	17 %
Vitamin D 2.8mcg **	14 %
Calcium 309mg **	24 %
Iron 0.1mg **	1 %
Potassium 444mg **	9 %
* The % Daily Value (DV) tells you how	w much a nutrient in

- a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### LARGE (HOT)

Nutrition Facts	
Portion Size	470 g
Amount Per Portion Calories	298
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 6.6g **	33 %
Cholesterol 42mg **	14 %
Sodium 146mg	6 %
Total Carbohydrate 38g	14 %
Dietary Fiber 0g **	0 %
Sugar 37g	
Protein 12g	24 %
Vitamin D 3.9mcg **	20 %
Calcium 432mg **	33 %
Iron 0.1mg **	1 %
Potassium 629mg **	13 %
* The % Daily Value (DV) tells you be	ow much a nutrient in

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

### REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	170
Calories	179
	% Daily Value *
Total Fat 6.5g	8 %
Saturated Fat 3.8g **	19 %
Cholesterol 24mg **	8 %
Sodium 84mg	4 %
Total Carbohydrate 24g	9 %
Dietary Fiber 0g **	0 %
Sugar 23g	
Protein 6.6g	13 %
Vitamin D 2.2mcg **	11 %
Calcium 247mg **	19 %
Iron 0.1mg **	1 %
Potassium 369mg **	8 %
* The 9/ Deily Value (DV) tells you b	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

LARGE (ICED)	
Nutrition Facts	
Portion Size	<b>420</b> g
Amount Per Portion Calories	268
	% Daily Value *
Total Fat 9.8g	13 %
Saturated Fat 5.7g **	28 %
Cholesterol 36mg **	12 %
Sodium 127mg	6 %
Total Carbohydrate 36g	13 %
Dietary Fiber 0g **	0 %
Sugar 34g	
Protein 10g	20 %
Vitamin D 3.3mcg **	16 %
Calcium 371mg **	29 %
Iron 0.1mg **	1 %
Potassium 554mg **	12 %
* The % Daily Value (DV) tells you has serving of food contribute to a daily	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.



### CARAMEL LATTE

### REGULAR (HOT)

Nutrition Facts	
Portion Size	330 g
Amount Per Portion	209
Calories	209
	% Daily Value *
Total Fat 8.1g	10 %
Saturated Fat 4.7g **	24 %
Cholesterol 30mg **	10 %
Sodium 103mg	4 %
Total Carbohydrate 26g	9 %
Dietary Fiber 0g **	0 %
Sugar 25g	
Protein 8.3g	17 %
Vitamin D 2.8mcg **	14 %
Calcium 309mg **	24 %
Iron 0.1mg **	1 %
Potassium 444mg **	9 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### LARGE (HOT)

Nutrition Facts	
Portion Size	470 g
Amount Per Portion Calories	298
	% Daily Value *
Total Fat 11g	14 %
Saturated Fat 6.6g **	33 %
Cholesterol 42mg **	14 %
Sodium 146mg	6 %
Total Carbohydrate 38g	14 %
Dietary Fiber 0g **	0 %
Sugar 36g	
Protein 12g	24 %
Vitamin D 3.9mcg **	20 %
Calcium 432mg **	33 %
Iron 0.1mg **	1 %
Potassium 629mg **	13 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

### REGULAR (ICED)

Nutrition Facts	
Portion Size	280 g
Amount Per Portion	179
Calories	175
	% Daily Value *
Total Fat 6.5g	8 %
Saturated Fat 3.8g **	19 %
Cholesterol 24mg **	8 %
Sodium 84mg	4 %
Total Carbohydrate 24g	9 %
Dietary Fiber 0g **	0 %
Sugar 22g	
Protein 6.6g	13 %
Vitamin D 2.2mcg **	11 %
Calcium 247mg **	19 %
Iron 0.1mg **	1 %
Potassium 369mg **	8 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

` ′	
Nutrition Facts	
Portion Size	420 g
Amount Per Portion	260
Calories	268
	% Daily Value *
Total Fat 9.8g	13 %
Saturated Fat 5.7g **	28 %
Cholesterol 36mg **	12 %
Sodium 127mg	6 %
Total Carbohydrate 36g	13 %
Dietary Fiber 0g **	0 %
Sugar 33g	
Protein 10g	20 %
Vitamin D 3.3mcg **	16 %
Calcium 371mg **	29 %
Iron 0.1mg **	1 %
Potassium 554mg **	12 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

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