# Premade Drink Nutrition Facts

PALGONG TEA CANADA INC.



## DRINK WITH COCONUT JELLIES

#### ORIGINAL MILK BLACK TEA

REGULAR (ICED)

Nutrition Facts	
Portion Size	325 g
Amount Per Portion	345
<u>Calories</u>	
	% Daily Value *
Total Fat 15g **	19 %
Saturated Fat 15g **	75 %
Sodium 97mg **	4 %
Total Carbohydrate 61g	22 %
Dietary Fiber 0g **	0 %
Sugar 29g **	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 2.6mg **	0 %
Iron 0mg **	0 %
Potassium 468mg **	10 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

#### TARO MILK TEA

REGULAR (ICED)

Nutrition Facts	
Portion Size 135	
Amount Per Portion	348
<u>Calories</u>	<del>- 10</del>
	% Daily Value *
Total Fat 11g **	14 %
Saturated Fat 9g **	45 %
Sodium 85mg	4 %
Total Carbohydrate 73g	27 %
Dietary Fiber 1.9g **	7 %
Sugar 41g	
Protein 1.2g **	2 %
Vitamin D 0mcg **	0 %
Calcium 9.6mg **	1 %
Iron 0.1mg **	1 %
Potassium 136mg **	3 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

#### MATCHA MILK TEA

REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	130 g
Amount Per Portion	372
Calories	312
	% Daily Value *
Total Fat 12g **	15 %
Saturated Fat 10g **	50 %
Sodium 79mg	3 %
Total Carbohydrate 70g	25 %
Dietary Fiber 20g **	71 %
Sugar 42g **	
Protein 0.8g **	2 %
Vitamin D 0mcg **	0 %
Calcium 11mg **	1 %
Iron 0.2mg **	1 %
Potassium 252mg	5 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

day is used for general nutrition advice.

## CHOCOLATE MILK TEA

REGULAR (ICED)

Nutrition Facts	
Portion Size	135 g
Amount Per Portion	386
<u>Calories</u>	300
	% Daily Value *
Total Fat 11g **	14 %
Saturated Fat 10g **	50 %
Sodium 82mg	4 %
Total Carbohydrate 74g	27 %
Dietary Fiber 4.2g **	15 %
Sugar 46g **	
Protein 0.8g **	2 %
Vitamin D 0mcg **	0 %
Calcium 12mg **	1 %
Iron 0.2mg **	1 %
Potassium 252mg	5 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't

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## DRINK WITH COCONUT JELLIES

#### MANGO GREEN TEA

#### REGULAR (ICED)

Nutrition Facts	
Portion Size	340 g
Amount Per Portion	280
Calories	200
	% Daily Value *
Total Fat 0.2g **	0 %
Sodium 26mg **	1 %
Total Carbohydrate 72g	26 %
Dietary Fiber 0g **	0 %
Sugar 68g	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 7.3mg **	1 %
Iron 0mg **	0 %
Potassium 82mg	2 %

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- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

#### STRAWBERRY **GREEN TEA**

REGULAR (ICED)

Nutrition Facts	
Portion Size	340 g
Amount Per Portion	232
Calories	<u> </u>
	% Daily Value *
Total Fat 0.2g **	0 %
Sodium 36mg	2 %
Total Carbohydrate 60g	22 %
Dietary Fiber 0g **	0 %
Sugar 56g	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 7.3mg **	1 %
Iron 0mg **	0 %
Potassium 72mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a	

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- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

#### PASSIONFRUIT **GREEN TEA**

REGULAR (ICED)

Nutrition Facts	
Portion Size 3	
Amount Per Portion	250
<u>Calories</u>	
	% Daily Value *
Total Fat 0.2g **	0 %
Sodium 26mg **	1 %
Total Carbohydrate 64g	23 %
Dietary Fiber 2g **	7 %
Sugar 60g	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 5.3mg **	0 %
Iron 0mg **	0 %
Potassium 120mg	3 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

#### LEMON GREEN TEA

REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size 340 g	
Amount Per Portion	222
Calories	322
	% Daily Value *
Total Fat 0.2g **	0 %
Sodium 26mg **	1 %
Total Carbohydrate 82g	30 %
Dietary Fiber 0g **	0 %
Sugar 76g	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 7.3mg **	1 %
Iron 0mg **	0 %
Potassium 64mg	1 %

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.



# DRINK WITH COCONUT JELLIES

## GRAPEFRUIT GREEN TEA

REGULAR (ICED)

Nutrition Facts	
Portion Size	340 g
Amount Per Portion	322
Calories	322
	% Daily Value *
Total Fat 0.2g **	0 %
Sodium 26mg **	1 %
Total Carbohydrate 82g	30 %
Dietary Fiber 2g **	7 %
Sugar 76g	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 19mg **	1 %
Iron 0mg **	0 %
Potassium 70mg	1 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.

#### LYCHEE **GREEN TEA**

REGULAR (ICED)

<b>Nutrition Facts</b>	
Portion Size	340 g
Amount Per Portion	250
<u>Calories</u>	230
%	Daily Value *
Total Fat 0.2g **	0 %
Sodium 26mg **	1 %
Total Carbohydrate 72g	26 %
Dietary Fiber 0g **	0 %
Sugar 68g	
Protein 0.4g **	1 %
Vitamin D 0mcg **	0 %
Calcium 5.3mg **	0 %
Iron 0mg **	0 %
Potassium 78mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in	
a serving of food contribute to a daily diet. 2000 calories a	
day is used for general nutrition advice.	
** Amount is based on ingredients that specify value for	
this nutrient and 0 for those that don't.	



<sup>\*\*</sup> Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.